



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RECREATIONAL SWIM HOURS

## Northeast Family YMCA

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
11:00-7:45	10:15-11:45 12:30-1:15 2:00-7:45	12:15-7:45	10:15-11:45 12:30-1:30 2:00-5:15 6:00-7:45	11:45-7:45	10:15-5:30 <b>Safety Breaks</b> 11:45-12:00 3:00-3:15
<b>Safety Breaks</b> 2:45-3:00	<b>Safety Breaks</b> 10:45-11:00 2:45-3:00	<b>Safety Breaks</b> 2:45-3:00	<b>Safety Breaks</b> 10:45-11:00 2:45-3:00	<b>Safety Breaks</b> 2:45-3:00	<b>Sunday</b> 11:00-4:30 <b>Safety Breaks</b> 2:00-2:15

**AGE POLICY:** Kids under age 10 who cannot pass the swim test **MUST** have an adult with them in the water.

**FLOTATION DEVICES:** Only coast-guard approved flotation devices are allowed.

**CAPACITY LIMITS:** We are limited to 25 swimmers per available lifeguard.

**SAFETY BREAKS:** Additional safety breaks exist. Times listed here only impact recreational swim.

**SLIDE HOURS:** Fridays 5-7PM, Saturdays 1-4PM, Sundays 12-3PM.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RECREATIONAL SWIM HOURS

SwedishAmerican Riverfront YMCA – North (Warm) Pool

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
11:00-5:15 6:00-9:00	11:45-4:30 6:50-9:00	11:00-9:00	11:45-9:00	11:00-9:00	10:15-5:30
Safety Breaks 2:45-3:00	Safety Breaks 2:45-3:00	Safety Breaks 2:45-3:00	Safety Breaks 2:45-3:00	Safety Breaks 2:45-3:00	Safety Breaks 11:45-12:00 3:00-3:15
					<b>Sunday</b>
					11:00-4:30
					Safety Breaks 2:00-2:15

**AGE POLICY:** Kids under age 10 who cannot pass the swim test **MUST** have an adult with them in the water.

**FLOTATION DEVICES:** Only coast-guard approved flotation devices are allowed.

**CAPACITY LIMITS:** We are limited to 25 swimmers per available lifeguard.

**SAFETY BREAKS:** Additional safety breaks exist. Times listed here only impact recreational swim.

**SLIDE HOURS:** Saturdays 1-4PM, Sundays 12-3PM