



# SENIOR WOMEN'S CLUB MONTHLY NEWSLETTER

## COMING UP IN MARCH

**HAPPY SPRING!!** Hopefully, our fairly nice February weather will carry on through in March. But. . . just in case Mother Nature brings on cold and snow, a reminder that if the schools in RPS District 205 are closed due to inclement weather, the Senior Women's Club does not meet. If you ever feel uncomfortable driving or walking due to the weather, please stay safe where you are. We want to see you at all of our meetings, but we also want you to be safe.

Please take a look at your calendar and schedule some time to attend the great programs and events available to you in March! We look forward to seeing you at a meeting soon.

### THOUGHT FOR THE DAY

A GOOD LIFE IS WHEN YOU SMILE OFTEN,  
DREAM BIG, LAUGH A LOT,

AND REALIZE HOW BLESSED YOU ARE FOR WHAT YOU HAVE.

\*\*\*\*\*

Welcome to our newest members of the Senior Women's Club: **Debra Uhren, Sonja Mullen, Janice Buelow, Helen Graves, Michelle Hoffman and Melinda Daivis.** Please take time to introduce yourself and welcome them to the club.

If you have any questions regarding registration to the Senior Women's Club, please contact Kim Lape at [klape@rockriverymca.org](mailto:klape@rockriverymca.org) or 815-489-1254. You may also see one of the SWC Board Members for more information.

## CELL PHONE USAGE

As a reminder, please turn off your cell phone during the weekly meeting. A 50 cent fee will be paid to Yvonne Harper (Treasurer) if your cell phone rings during a meeting. Let's be courteous to our speakers and our fellow club members and turn those phones off. Remember to wear your nametag to each meeting so we can all get to know one another. Additionally, please take care of any business and/or socializing before or after the speaker. We want to give them our full attention and show our appreciation for their time.

## UPCOMING SPEAKERS

### MARCH 13

The **YWCA** has been empowering women in Northern Illinois since 1891. Their mission-driven services continue to evolve to meet the needs of women, children and families in Rockford, and the counties of Boone, Jo Daviess, McHenry, Ogle, Stephenson and Winnebago.

**Leisha Kury**, Community Systems Development, and **Kris Machajewski**, YWCA CEO, will speak to us about YWCA Programs and how they are implemented in our community.

### MARCH 28

Corinne Sosso, with Keep Northern Illinois Beautiful will be our speaker. Since 1988, Keep Northern Illinois Beautiful has been a volunteer-driven, non-profit public education organization which provides environmental education programs to area schools and recycling options to the community. Other projects include Christmas tree recycling, Great American Clean-up, clothing drives, recycling centers, and medication collection. Corrine Sosso of "KNIB" will share with us programs available and offer new ways to re-use or recycle.

## NEWS FROM THE ALLOCATIONS COMMITTEE

Thank you to Dee Anderson, Jennie Adams and Erope Beckham for being on the Allocations Committee. They met on January 8 and chose Dee as the chairman of the committee. They then chose a dollar amount to be allocated to projects at the YMCA. Kim Lape provided a list of "wants" that she had received. The committee reviewed the list and chose how to dispense of the funds. It was presented to the board on January 10 and \$1350 was approved and is to be presented to the members at the meeting. This was presented to the SWC membership at the meeting on February 14. The recommendation of \$1350 was approved. Thank you to Dee, Jennie and Erope for your time.

### Greeters, Readers & Treats

If you have volunteered to be a greeter, share a poem, prayer or story with us or if you are bringing treats to be enjoyed -- THANK YOU! This just helps to make our meetings more enjoyable. Many hands make light work, so we appreciate anytime you can help out with these things. Please be thinking about how you can best serve your club.

READERS - Contact Helen Powers (815) 543-8660

March 13, Dee Anderson

March 28, Virginia Polizzi

TREATS - Contact Jennie Adams (815) 289-4026

March 13, Helen Powers

March 28, Virginia Polizzi & Cindy Nichols

## Dates to Remember

AOA Alzheimer's Series - Session # 3

Location: Puri Family YMCA

Date: 3/7/2024

Time: 12:00 pm - 2:00 pm

### SWC BOARD MEETING

Location: Log Lodge

Date: 3/13/2024

Time: 9:00 am

### Crafting for the Ages

Location: Puri Family YMCA

Date: 3/13/2024

Time: 1:00 pm - 3:00 pm

### NEB AOA - Valentine Craft w/Jan Johnson

Location: Northeast Family YMCA

Date: 2/14/2024

Time: 11:30 am - 1:30 pm

### SAY AOA St. Patrick's Potluck

Date: 3/21/2024

Time: 11:00 am - 12:30 pm

Location: YMCA Log Lodge

Cost: FREE (open to everyone)

Please bring a dish to share and your own beverage.

### Prayer Time at the Y

Every Wednesday in the Log Lodge from 7:00 - 8:00 am. The public is welcome.

Feel free to contact Gary Schwerin, Spiritual Development Minister, at [gschwerin@rockriverymca.org](mailto:gschwerin@rockriverymca.org) if you have any questions.

## Fannie May Candy Sales

At the end of January, we had a profit of \$253.20 from the Fannie May candy sales. Thanks to all who sold candy in January & February. Please sign up to sell candy in March. This is one of the easiest ways to help our club. Sitting at a table for an hour or two is not difficult. Sign up for a time slot and ask another member to join you. Help keep our club strong.

Please contact Bette Spiekys if you are able to help sell candy bars in the Lobby at the Y. She can be reached at [bette\\_spiekys@comcast.net](mailto:bette_spiekys@comcast.net) or 815-397-1594.

### March Birthdays

Doris Vestal, 3/20

### Words from the Doxology

Praise God from whom all blessings flow

Praise Him, all creatures here below

Praise Him above the Heavenly host

Praise Father, Son and Holy Ghost

Amen

### QUESTIONS?

Contact Kim Lape at [klape@rockriverymca.org](mailto:klape@rockriverymca.org) or 815-489-1254

[rockriverymca.org](http://rockriverymca.org)